



Ready, Set, Go Reminders....

**Winter weather often brings power outages.
Be ready by having your kit ready.**

- Stay warm with a hat, gloves, extra socks & a blanket in your kit to help you layer dress.
- Extra hearing aid batteries
- Light sticks, flashlights, & a radio with extra batteries. Or, use a crank-up flashlight & radio.
- A corded telephone in your kit to plug into the wall.
- Bottles of water - remember to drink a bottle of water per day.
- Extra pair of eye glasses ... easy to find in your kit
- Out of town contact phone number in your kit
- Completed paper work in your kit:
 - > Family phone numbers
 - > Support person's phone number
 - > Doctor's phone number
 - > Medicines List (name, dosage)
 - > Allergies List
 - > Model & serial numbers on medical equipment (wheelchairs, oxygen tank, etc)
 - > List the weight and size of your wheelchair
- Games, paper & pens ready to use while you STAY in YOUR HOUSE

If there is NO power...Set up your home.

- Stay inside to avoid downed power lines & trees.
- NEVER use candles!
- NEVER use a generator or grill inside your home!
- Leave a lamp on so you know when the power is back on.
- Contact your support person with your corded phone and tell them you are at home.
- Unplug computers and other sensitive appliances to prevent power surge problems.

SNAP website upgrading

SNAP has a new website! It is full of great information and resources like DDDetails, the SNAP calendar, Legislative news and updates, along with links to other resources we hope you will find helpful.

We will be adding a "freebies" page so that viewers can share items that they are no longer in need of. Come visit our site often as changes will be made weekly. Our website address is www.snapcc.org.