

Continuing education workshops

Free workshops are being presented by the Division of Developmental Disabilities for continuing education credits.

Nutrition and Meal Planning;

9 a.m.- 3 p.m., October 31.

Doing Behavior Functional Assessments & Writing Positive Behavior Support Plans;

8:30 a.m.- 12:30 p.m.,

November 7, 14, 21.

Use of Psychoactive Medication on People with Developmental Disabilities;

9 a.m.- 4 p.m., February 6, 2009.

From Schools for the Feeble-Minded to Self-Determination: An Evolution in Values;

9 a.m.- 4 p.m., March 17, 2009.

All workshops will be held at **203 West 1st Street, Port Angeles**, the DSHS office.

The workshop training is for adult family

home providers and resident managers; caregivers; medicaid personal care/respite providers; group home staff; supported living staff; companion home providers; employment support staff; and ombudsman representatives.

The Nutrition and Meal Planning workshop instructor is Cindy Farricker, registered dietitian and certified diabetes educator.

The workshop will cover basic nutrition, menus, discussing challenging food-related behaviors, weight issues, diabetes, cholesterol and blood pressure.

Behavior Functional Assessments & Writing Positive Support Plans attendees will learn and practice through group activities.

To register call **Debra Terry** at **360-565-2702**, or **Andrea Reetz** at **360-565-2701**, or toll free **1-877-601-2760**.

People First fundraiser; “Pasta Night” dinner

People First are serving up a pasta dinner as a fundraising project from 5:30~7 p.m., Tuesday, November 11 at The Manor Apartments 2nd and Peabody Street, Port Angeles.

The dinner is \$5 per person and \$4 per person for Manor residents. Theresa Wright, People First coordinator said flyers with

registration forms are available from her by calling **360-477-5997** or calling **Bonnie Moses** at **360-452-5471**.

“We need to pre-register for an exact count so we know how many to expect,” Teresa said.

The event also features doorprizes with the grand prize a turkey dinner basket with all the fixings, she said.

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Kim Clevenger took over as Violet’s job coach in April. She, too, has been very impressed by what she sees. “Violet is always on task. She takes a lot of pride in the work she does,” Clevenger said. “I think she’s confident in her

abilities. She’s able to work independently without someone looking over her shoulder all the time.”

Outside of work, Violet is stopped daily by people on the street who’ve seen and talked to her at The Buzz. She greets everyone with the same joy and enthusiasm she brings to her job each day.

Violet sums it all up perfectly, ticking off each point on her fingers.

“(One), I like coffee.

(Two), I like my job at The Buzz.

(Three), I like people.

(Four) I like money.

And back to finger number one, “I like coffee.” Just in case you missed the point.